

Stock Exchange Announcement26.03.2010
Announcement No. 8, 2010**Trading in Monberg & Thorsen A/S shares by insiders**

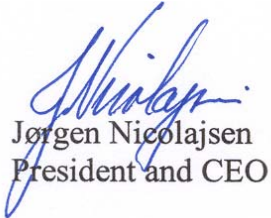
In accordance with Section 28a of the Danish Securities Trading etc. Act (*værdipapirhandelsloven*), Monberg & Thorsen A/S hereby gives notification of the following transactions:

Name	Anders Colding Friis
Relation	Chairman of the Supervisory Board
Transactions	Purchase
Trading date	25 March 2010
Market	NASDAQ OMX Copenhagen
ISIN code, DK0010224310	Monberg & Thorsen B shares
Number of shares	1.150
Market price in DKK	391.978

Name	Christine Thorsen
Relation	Member of the Supervisory Board
Transactions	Purchase
Trading date	25 March 2010
Market	NASDAQ OMX Copenhagen
ISIN code, DK0010224310	Monberg & Thorsen B shares
Number of shares	850
Market price in DKK	286.750

Name	Jørgen Nicolajsen
Relation	President and CEO
Transactions	Purchase
Trading date	25 March 2010
Market	NASDAQ OMX Copenhagen
ISIN code, DK0010224310	Monberg & Thorsen B shares
Number of shares	500
Market price in DKK	168.888

Yours faithfully
Monberg & Thorsen A/S

A handwritten signature in blue ink, appearing to read 'J. Nicolajsen', is written over a light blue rectangular background.

Jørgen Nicolajsen
President and CEO

The announcement can also be viewed on www.monthor.com

This announcement is available in Danish and English. In case of doubt, the Danish version shall prevail.

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